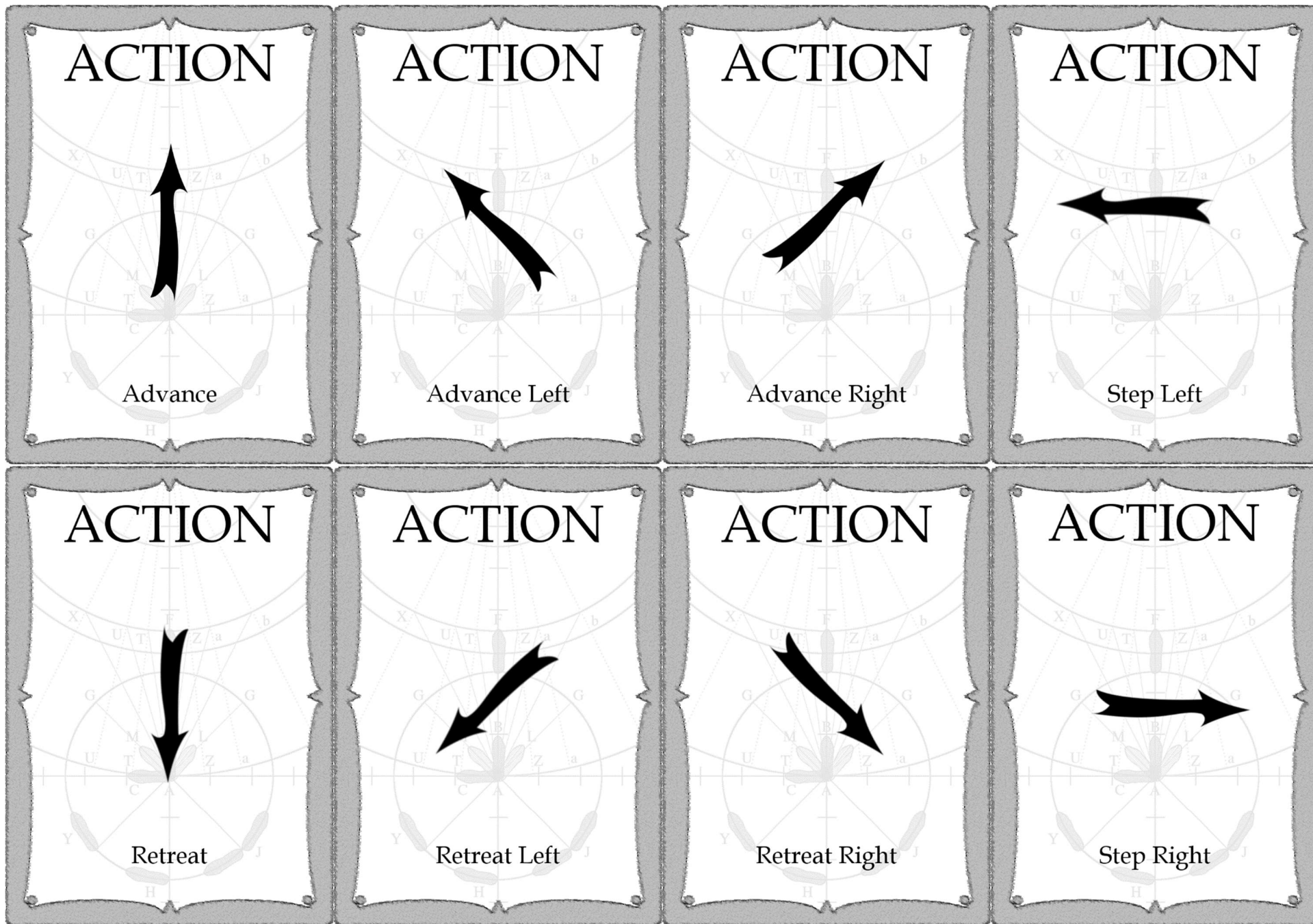


# Card Printing Packet



(You don't need to print this page)



# ACTION



Collect Rear Foot  
(Touch it to the front heel)

# ACTION



Lunge  
No Recovery

# ACTION



Lunge  
Recover Back

# ACTION



Lunge  
Recover Forward

# ACTION



Withdraw Front Foot

# ACTION



Reverse Lunge  
No Recovery

# ACTION



Reverse Lunge  
Recover Back

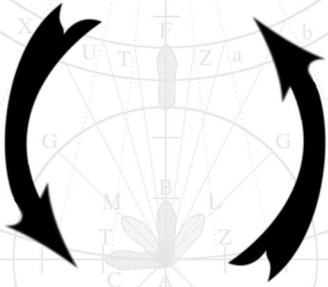
# ACTION



Reverse Lunge  
Recover Forward



ACTION



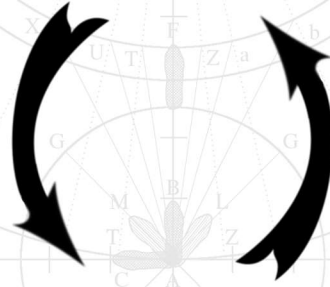
Change Forward Foot  
In Place

MODIFY



Left Foot Begins Step

MODIFY



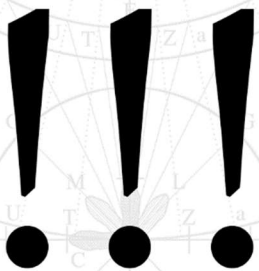
Change Forward Foot  
While Stepping

MODIFY



Right Foot Begins Step

ACTION



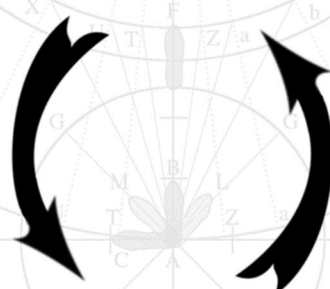
Leap Back

MODIFY



Left Foot Begins Step

MODIFY



Change Lead Foot  
While Stepping

MODIFY



Right Foot Begins Step

